

# To parents and guardians: About Skolelyst® from TINE

## School milk? Oat milk? Fruit juice? Chocolate milk?

**Skolelyst®** is the school milk program from TINE. Create the subscription and pay directly on [skolelyst.no](https://skolelyst.no). We deliver the products to the school, and the school make sure your child gets the products in your subscription.

### No sugar added

The beverages have no sugar added, nor artificial sweeteners. Only the original sugar milk and fruit contains naturally.

### Product selection at your school

Each school determine their own selection of products based on the range Skolelyst offers. Lettmeik 1 % fat and Lettmeik 0,5 % fat is mandatory. Find your school's selection here: [skolelyst.no/aktuelt/produktutvalg](https://skolelyst.no/aktuelt/produktutvalg).

### Lunch inspiration

Skolelyst from TINE want to encourage everyone to minimize food waste. As a result, we offer lunch recipes that includes foods we typically let go to waste too soon: [skolelyst.no/aktuelt/fra-matsvinn-til-matpakker](https://skolelyst.no/aktuelt/fra-matsvinn-til-matpakker).

### Any questions?

Check out our Q&A: [skolelyst.no/sporsmal](https://skolelyst.no/sporsmal) or kontakt us on 23 288 334 or email [skolelyst@tine.no](mailto:skolelyst@tine.no).

**Get notified when your school has opened up for purchase on [skolelyst.no](https://skolelyst.no)!**



Scann the QR code to add your email adress. Your data will only be used to notify you regarding purchase (two emails). Ypur email will be deleted December 31st.

